

NHS Norfolk and Waveney ICB
Medicines Optimisation Team
Floor 8 County Hall
Martineau Lane
Norwich
Norfolk
NR1 2DH

<Date>

Private and Confidential

<Patient Name>

<Patient Address>

Dear < insert patient name >

Important information about your repeat prescription

In line with good clinical practice, we regularly review the medicines we prescribe to ensure that we are prescribing in line with national guidance. We have recently reviewed patients who are prescribed **vitamin B supplements** to ensure that they are only prescribed where there is clinical justification for doing so.

We have reviewed your prescription for vitamin B supplements and in line with national guidance we have switched these to.

Thiamine (insert strength here) tablets. (Insert dose here)

Thiamine is vitamin B1 and in line with national guidance it is recommended that you take this supplement. You do not require other vitamin B supplements anymore and therefore you will no longer receive your vitamin B compound tablets on prescription. Please use up any remaining vitamin B compound tablets before you order your new prescription for thiamine.

Should you require more information about this, please contact the Contact Us Team at nwicb.contactus@nhs.net , they will be able to put you in contact with the appropriate person.

Yours sincerely

A handwritten signature in black ink, consisting of several overlapping loops and a final flourish.

**Dr Andrew Douglass MBBS MRCGP
Specialty Advisor for Prescribing and Elective Recovery
NHS Norfolk and Waveney ICB**