

# **NHS Norfolk and Waveney Policy Statement and Formulary: Infant Formula Milk Products**

## **Guide 2: Pre-term Formula**

# Managing Preterm Infants

## Indications

- These children will have had their formula commenced in hospital. It should not be started in primary care
- It is started for babies born before 34 weeks gestation, weighing less than 2kg at birth.
- For advice on vitamin supplementation please see East of England Perinatal Network guidance ([https://www.eoeneonatalpccsicnetwork.nhs.uk/wp-content/uploads/2022/02/EOE-vitamin-guidance-final-Dec\\_2018.pdf](https://www.eoeneonatalpccsicnetwork.nhs.uk/wp-content/uploads/2022/02/EOE-vitamin-guidance-final-Dec_2018.pdf) December 2018).
- These formulas should not be used in primary care to promote weight gain in patients other than those born prematurely

Specialised Formula – Pre-term infants		
Product	Number of tins per month	Indicated Age Range
SMA Gold Prem 2 (powder) 800g SMA	As advised by hospital	<6 months corrected age
Nutriprem 2 (powder) 800g Cow and Gate	As advised by hospital	<6 months corrected age

## Review and discontinuation of treatment

- The Health Visitor or other suitable healthcare professional should monitor growth (weight, length and head circumference) while the baby is on these formulae
- These products should be discontinued by six months corrected age
- Not all babies need these formulae for the full 26 weeks from expected date of delivery (EDD)
- If there is excessive weight gain at any stage up to six months corrected age the formula should be reviewed. Change to a standard formula if no concerns with growth (can be purchased over the counter)